

REGENERATIVE CREATIVITY

An eight part intuitive art journey, guided by certified
Intentional Creativity® teacher Deanna Miller

SESSION 2: BEAUTY

Have you ever put off doing something nice for yourself because it seemed frivolous? Do you feel guilty buying that rose scented candle because it is so unnecessary?

Artists fuel their soul with *beauty*; the smell, touch, taste, sights and sounds of their environment. When you start surround yourself with your own unique food source for *beauty*, you will have the fuel you need to create. Maybe you have been told this is indulgent and selfish, or you're weak for needing these things. Release this belief and fill your hungry artists belly!

Are you ready to fuel up your *beauty* tank and discover how your unique diet will prepare you for what comes next? Join us in discovering the bounty *beauty* brings as we paint through this the phase of the **Regenerative Creativity Cycle?**

To learn more and find a class near you go to
www.deannamillerart.ca



Regenerative Creativity is both an art class and a way of working. Learn how to access your creative side and paint answer to questions. The wisdom you gain will forever be held in your own unique work of art; an artifact you can return to anytime!

Enter the painting series at any point during the cycle. Take one class... or many! Decide as you go and explore at your pace.