

REGENERATIVE CREATIVITY

An eight part intuitive art journey, guided by certified
Intentional Creativity® teacher Deanna Miller

SESSION 3: VITALITY

Have you ever had a great idea but couldn't find the energy to get started? Or maybe you abandoned a project when you hit a roadblock?

Once you set your eyes on your goal, *vitality* is needed to see it through. What you need to keep you on course is specific to you. Perhaps you have felt destined to fail because someone else's way of doing things didn't work for you. Time to find your "right way" of doing things!

Are you ready paint your path to *vitality* and discover what special formula you need to see your dreams achieved? Join us as we harness the power of the *vitality* phase of the **Regenerative Creativity Cycle?**

To learn more and find a class near you go to
www.deannamillerart.ca



Regenerative Creativity is both an art class and a way of working. Learn how to access your creative side and paint answer to questions. The wisdom you gain will forever be held in your own unique work of art; an artifact you can return to anytime!

Enter the painting series at any point during the cycle. Take one class... or many! Decide as you go and explore at your pace.